Friendship Heights Village Center



Calendar of Events 2006

C E R D E E M **TUESDAY** WEDNESDAY **THURSDAY SUNDAY MONDAY FRIDAY SATURDAY** 10:30 a.m.: Coffee and 8:15 a.m.: Walking Club Current Events 12:15 p.m.: Special No MVA Bus in December! Lunch 1 p.m.: Special Concert: English Handbell The MVA bus will return to the Village of Friendship Heights on Monday, Jan. 29, 2007. Ringers 1 p.m.: Bridge Group 9 a.m.: Yoga 9:15 a.m.: Fit-4-Ever 8:15 a.m.: Walking Club 9:15 a.m.: Fit-4-Ever 8:15 a.m.: Walking Club 10:30 a.m.: Coffee and 8:15 a.m.: Walking Club Current Events 9:30 a.m. – 1:30 p.m.: Coffee 10 a.m.: Great Books 9:30 a.m.: Tai Chi 10:15 a.m.: Yiddish 9:30 a.m.: Tai Chi and Sunday Papers 1 p.m.: Bridge Group 10:30 a.m.: Drop-in Tai Chi 11 a.m.: Still Life Painting 9:30 a.m.: Spanish 2 11 a.m.: Strength Training 12:30 p.m.: Cider, 11 a.m. – 4 p.m.: Village 11:30 a.m.: Strength 1 – 2:45 p.m.: Blood 7:30 p.m.: Concert: Jack Cookies and Pressure Screening Training Playtime Stanton Cinderella 12 p.m.: Low Vision Lunch 1 p.m.: Bridge Group 3 - 4 p.m.: Tea and Learn 3 – 5 p.m.: Suburban Nurse 7:30 p.m.: Yoga Specialist 6 p.m.: Scrabble 7:30 p.m.: Book Signing with Michael 6:30 p.m.: Spanish 1 7 p.m.: Mat Pilates Weisskopf 10 13 14 11 12 15 16 9:30 a.m. - 1:30 p.m.: Coffee 9:15 a.m.: Fit-4-Ever 7:30 a.m.: Depart for 9:15 a.m.: Fit-4-Ever 8:15 a.m.: Walking Club .10:30 a.m.: Coffee and 8:15 a.m.: Walking Club and Sunday Papers **New York** Current Events 10 a.m.: Great Books 10:15 a.m.: Yiddish 9:30 a.m.: Tai Chi 8:15 a.m.: Walking Club 1 p.m.: Bridge Group 11:30 a.m. - 1:30 p.m.: 10:30 a.m.: Drop-in Tai Chi 11 a.m.: Strength Training 11 a.m.: Still Life Painting **Art Reception** 9:30 a.m.: Tai Chi 11:30 a.m.: Strength 1 p.m.: Suburban 11 a.m. - 4 p.m.: Village 9:30 a.m.: Spanish 2 Training Lecture: Anesthesia Playtime 1 p.m.: ReSET 1 – 2:45 p.m.: Blood Pressure Screening 1 p.m.: Health Insurance 6 p.m.: Scrabble Presentation Counseling 7 p.m.: Café Muse 1 p.m.: Bridge Group 7:30 p.m.: Concert: 3 - 4 p.m.: Tea Carmina 7:30 p.m.: Yoga 3 – 5 p.m.: Suburban Nurse Specialist 8 P.M.: FRIENDSHIP **HEIGHTS COUNCIL** 6:30 p.m.: Spanish 1 Happy Hanukkah! **MEETING** 7 p.m.: Mat Pilates 21 9:30 a.m. - 1:30 p.m.: Coffee 9:30 a.m.: Service 8:15 a.m.: Walking Club 9:15 a.m.: Fit-4-Ever 8:15 a.m.: Walking Club 10:30 a.m.: Coffee and 8:15 a.m.: Walking Club and Sunday Papers Learning Current Events 9:30 a.m.: Tai Chi 9:30 a.m.: Tai Chi 10:15 a.m.: Yiddish 10 a.m.: Great Books 1 p.m.: Bridge Group 11 a.m.: Still Life Painting 9:30 a.m.: Spanish 2 11 a.m.: Strength Training 1 p.m.: Bridge Group 1 – 2:45 p.m.: Blood 11 a.m. – 4 p.m.: Village 5:30 p.m.: Depart for Playtime Pressure Screening 7:30 p.m.: Concert: **Brookside Gardens** 3 - 4 p.m.: Tea **Cathleen Kenny** 6 p.m.: Scrabble 3 – 5 p.m.: Suburban Nurse 7 p.m.: Movie: Akeelah Specialist and the Bee 6:30 p.m.: Spanish 1 7 p.m.: Mat Pilates 9:30 a.m. – 1:30 p.m.: Coffee 10:30 a.m.: Coffee and Merry Christmas! 10:15 a.m.: Yiddish 8:15 a.m.: Walking Club 8:15 a.m.: Walking Club 8:15 a.m.: Walking Club and Sunday Papers Current Events 1 p.m.: Health Insurance **Center Closed** 9:30 a.m.: Tai Chi 9:30 a.m.: Tai Chi 1 p.m.: Bridge Group Counseling 11 a.m. - 4 p.m.: Village 1 – 2:45 p.m.: Blood 7:30 p.m.: Concert: Playtime Pressure Screening Friday Morning 6 p.m.: Scrabble 3 - 4 p.m.: Tea Music Club p.m.: Movie: Thank you 3 – 5 p.m.: Suburban Nurse for Smoking 31 Specialist 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers

Shuttle bus hours



Monday through Friday Saturday and Sunday

Saturday and Sunday

6:40 a.m. to 9:40 p.m. 8 a.m. to 7 p.m.

9 a.m. to 2 p.m.

Village Center Hours

Monday through Thursday 9 a.m. to 9 p.m. Friday 9 a.m. to 5 p.m.

The Friendship Heights Village Center is open to everyone. People who live or work in the Village are especially welcome.

SPECIAL CONCERT

Join us for a festive handbell concert on **Friday, Dec. 1, at 1 p.m.** The Four English Handbell Ringers from St. Matthew's United Methodist Church in Annandale, Va. will play holiday music at **1 p.m.** The highlight of the program will be audience participation. Each member of the audience will get a chime or a bell and instructions on when to play the instrument. Much frivolity and holiday spirit will be experienced by all participants!